

MANTLES

5 - 9

Liquids & Greens

Daily Soup 10
Warm Ciabatta

Artisan Greens Salad gf 13
Cherry Tomato, Cucumber, Red Onion,
Spicy Pecans, Citrus Dressing, Watermelon Radish

West Coast Caesar Salad nf 15
BC Artisan Baby Romaine,
Shaved Parmesan Cheese, Prosciutto Crisp

Alberta Beef Broth
with Beef Cheek Ravioli nf 12
Spring Vegetables & Fresh Herbs

Cold Dishes

Charcuterie & Cheese 24
Schinken Speck, Salami, Prosciutto,
Danish Blue, Brie & Edam Cheese
Fig Jam, Mustard, Cornichons, Marinated Olives, Balsamic
Cipollini, Heirloom Cherry Tomato
Warm Ciabatta

Buddha Bowl vegan/nf/df/gf 19
Crispy Chickpeas, Avocado Puree, Tomato, Marinated
Butter Beans, Cucumbers, Pickled Yellow Beets, Soy
Marinated Eggplant, Crisp Onions, Organic Quinoa, Fresh
Herbs, Watermelon Radish
Miso-Tamari Dressing

Thai Beef Salad 20
Marinated Fire Grilled Alberta 4oz Bistro Tender,
BC Artisan Greens, Cherry Tomato, Cucumber, Red Onion
& Wonton Crisp
Thai Dressing

Tapas

Mixed Olives 6
Marinated Butter Beans 6
Caramelized Onion Hummus 6

Green Olive Tapenade 6
Balsamic Cipollini Onions 6
Ciabatta Bun 3

df Dairy Free gf Gluten Free nf Nut Free

MANTLES

Entrees

Oven-Seared Chicken Supreme *nf* 27
Wild & Tame Mushrooms, Cipollini Onion, Potato Gnocchi,
Roasted Garlic & White Wine Cream

Seafood Pot au Feu *gf* 29
Salmon, Cod, Shrimp, Clams, Mussels,
Fennel, Fingerling Potato, Cherry Tomato,
Baby Spinach, Fresh Tarragon, Saffron Cream

BC Salmon 29
Grainy Mustard Fingerlings, Buttered Heirloom Carrots,
Corn Pureé, Citrus-Anise Cream, Prosciutto Crumble
contains shellfish

Grilled Alberta Beef Bistro Tender *df/nf/gf* 29
Seasonal Vegetables, Fried Yukon Gold Potato,
Chimichurri & Demi

Sandwiches

Mantles Burger 19
Lettuce, Tomato, Bacon, House Sauce, Crispy Onion,
Portugese Bun
Fries & Spicy Ketchup
Add Aged Cheddar 1.50

Southern Fried Chicken Club 19
Multigrain, Lettuce, Tomato, Crispy Bacon
Smoked Tomato-Mayo, Fries

Pastas

Braised Beef Cheek Orecchiette *nf* 22
Wild & Tame Mushrooms, Roasted Red Peppers,
Braising Jus, Sour Cream

Shrimp Tagliatelle *df nf* 24
Tomato & Red Pepper Ragu, Fresh Herbs,
Swiss Chard and Smoked Cherry Tomatoes

Cavatappi Bolognese *nf* 19
Beef, Veal & Pork Red Wine Tomato Meat Sauce,
Shaved Parmesan Reggiano

Pizzas 7"/ 10"

Al Fungi Pizza 16/24
Ricotta Cheese Sauce, Wild & Tame Mushrooms,
Baby Arugula, Pecorino Cheese, Truffle Dust

House Smoked BBQ Chicken Pizza 15/23
BBQ Sauce, Red Peppers,
Mozzarella

Butcher Block Pizza 16/24
Sausage, Bacon, Prosciutto, Red Peppers & Onions
Pizza Sauce, Mozzarella & Bocconcini

Margherita Pizza 14/22
Pizza Sauce, Fresh Tomato, Mozzarella & Bocconcini

Dessert

Warm Chocolate Brownie 12
Vanilla Bean Gelato & Toasted Almonds

Deconstructed Smore 12
Chocolate Cheesecake, Marshmallow,
Graham Cracker Dust

df Dairy Free gf Gluten Free nf Nut Free

