

MANTLES

Appetizers

Cheese & Charcuterie Board nf 24
Prosciutto, Smoked Schinkenspeck, Genoa Salami, Blue
Claire Cheese, Brie Cheese, Fig Jam, Balsamic Onion,
Gherkin, Heirloom Tomato

Poke or Ceviche Martinis df/gf/nf 10
Choice of: Ahi Tuna Poke, BC. Salmon Poke, Shrimp
Ceviche or Mushroom Ceviche

Soups, Salads & Bowls

Chefs Daily Creation Soup 10
Home-Made Soup, Served with Focaccia

Grand Poke Bowl df/gf/nf 24
BC. Salmon, Ahi Tuna, Shrimp Tobiko, Seaweed, pickled
Ginger, Wasabi & Tamari

Shrimp Salad nf 24
Heirloom Tomato, Watermelon, Red Onion, Butter Beans,
Kalamata Olives, Balsamic Cipollini Onion, Baby Artisan
Romaine Lettuce, Oregano-Lemon Zest Dressing served
with Green Butter Focaccia Bread

Forbidden Rice Buddha Bowl df/gf/nf/vegan 20
Avocado, Mushroom Ceviche, Heirloom Tomato, Butter
Beans, Cucumber Namasu, Napa Cabbage Kimchi,
Watermelon Radish, Roasted Yams

Mantles Caesar Salad gf/nf 19
Pancetta, Parmesan, Cornmeal Croutons, Soft Boiled Egg,
Heirloom Tomato, White Anchovies & Caesar Dressing

Korean Spicy Pork Rice Bowl df/gf/nf 19
Steamed Jasmine Rice, Napa Cabbage Kimchi & Soy
Marinated Eggplant

Pizza & Pasta

Margherita Pizza nf 21
Roasted Tomato-Sauce, Fresh Mozzarella & Basil

Vegan Kabocha Squash Pasta df/vegan 22
Wild Mushrooms, Arugula, Pecan Nuts, Heirloom
Tomato, Fresh Basil & Vegan Cheese

Butcher Shop Pizza nf 23
Banger Sausage, Bacon, Prosciutto & Ham Roasted
Tomato-Sauce, with Fresh Mozzarella & Basil

Homemade Beef Cheek Ravioli nf 25
Okanagan Red Wine Beef Reduction
Sautéed BC. Baby Spinach, King Oyster Mushroom

Farmers Market Pizza nf 24
Mushrooms, Vegetables, Tomato, Roasted Tomato-Sauce,
Fresh Mozzarella & Basil
Topped with Arugula, shaved Parmesan & Balsamic Glaze

Pappardelle Stroganoff nf 22
Roasted Alberta Bistro Beef Tender
Pickled Yellow Beet & Red Onion
Sour Cream

Sandwich & Burgers

Mantles Two River Ranch Burger nf 20
Monterey Jack Cheese, Pickled Mustard-Mayo
Lettuce & Tomato, Focaccia Bun, Steak Fries

Grilled Chicken Breast Club Sandwich df/nf 22
Bacon, Lettuce, Tomato, Avocado, Cipollini Onion Spread
on Multigrain Bread served with Steak Fries

Philly Steak Sandwich nf 22
Alberta Bistro Tender, Provolone Cheese Sauce
Sautéed Peppers, Onion and Mushrooms, Hoagie Bun,
Served with Steak Fries

Entrées

Pan Seared Chicken Breast gf/nf 26
Black Garlic infused Jus, Parsnip-Potato Pure, and
Farmers Market Vegetables

Seared Salmon gf/nf 32
Herb Butter Sauce, Farmers Market Vegetables and
Steamed Fingerling Potatoes

Grilled New York Steak gf/nf 38
Fresh Horseradish and Pan Jus served with Farmers
Market Vegetables & Fondant Potato

Dessert

Chocolate Gateau 12
Crusted with roasted Cacao Bean, Brandy infused
Cherries

Thai Fried Banana Split 10
Coconut Gelato, Chili- Chocolate Sauce & Toasted
Coconut

df Dairy Free gf Gluten Free nf Nut Free

MANTLES
RESTAURANT | LOUNGE