

## GREENS AND STARTS

- MIXED NUT BOWL** 6  
BBQ Peanuts • Rice Crisp • Corn Nuts • Sesame Sticks
- WASABI PEA SNACK BOWL** V | NF 6  
Wasabi Roasted Peas • Wild Rice Sticks • Roasted Peas
- ROASTED SWEET POTATO & BUTTERNUT SQUASH HUMMUS** 10  
House-Made Hummus • Caramelized Onion • Naan Bread
- DAILY SEASONAL SOUP** 13  
Warm Ciabatta  
*Ask Your Server For Allergens*
- CHARCUTERIE BOARD** 23  
House Selection Of Vernon Charcuterie • Cornichon • Mustard  
Pepperoncini • Toasted Bread • House-Made Preserve
- SWEET POTATO LATTICE FRIES** GF | DF | NF 11  
Curry Mustard Mayo
- CHEESE BOARD** 23  
Local Cheese • Fresh Grapes • Dried Cranberries • Fig Preserve  
Pretzel Crisps • Ciabatta
- GRAND GREENS** GF | DF | NF 15  
Cucumber • Shredded Carrot • Cherry Tomato • Red Wine  
Reduction
- CAESAR SALAD** NF 15  
House Vegan Dressing • Crispy Brussel Sprouts • Kale  
Pretzel Croutons • Parmesan Cheese
- PEAK BOWL** GF | DF 18  
Quinoa • Poppyseed Dressing • Roasted Celery Root  
Crisp Sprout Leaves • Riesling Pear • Kale • Cranberry • Pecan
- LAKSA PRAWNS** DF 24  
Blackened Chili Pineapple Salad • Warm Naan
- SEARED SCALLOPS** 26  
Pickled Shimeji Mushroom • Fried Kale • Sriracha Spice  
Celeriac Puree

GF – GLUTEN FREE

GR – GLUTEN REDUCED

NF – NUT FREE

DF – DAIRY FREE

## HANDHELD

Served with Fries  
Substitute Soup, Greens or Caesar-\$2

### **MOUNTAIN BURGER** GF | DF | NF **24**

Devick Farms House Grind • Butter Lettuce • Red Onion • Mayo  
Tomato

**ADD BACON - 2.5**

**ADD CHEDDAR CHEESE - 2.5**

**SUB 6 OZ BEYOND MEAT BURGER - N/C**

### **CHICKEN BANH MI** DF | NF **22**

Slow Cooked Chicken Spread • Grilled Chicken • Pickles • Carrot  
Daikon Radish • Cucumber • Sweet and Spicy Lime and Cilantro  
Mayo

### **NAAN BEEF DIP** **26**

Slow Roasted Local Beef • Gruyere Cheese • Caramelized Onion  
Garlic Mayo • House Bone Broth

## FORNO MADE

We offer a cauliflower crust for an additional \$4, this is  
baked in the same oven as our standard pizzas and baked  
on a separate pan. We do not guarantee Gluten Free, only  
gluten reduced.

### **MARGHERITA** NF **20 | 28**

San Marzano Tomato Sauce • Fiore de Latte • Shaved Parmesan  
Fresh Basil Pesto

### **SPICED PEPPERONI AND CHORIZO** NF **22 | 30**

San Marzano Tomato Sauce • Jalapeno • Pepperoncini  
Red Pepper • Cherry Tomato • Roasted Mushrooms • Pepperoni  
Chorizo

### **ORCHARD** NF **22 | 30**

Okanagan Pear • House White Thyme Cream Sauce • Brie  
Smoked Bacon • Balsamic Reduction • Arugula

### **TIGER** NF **20 | 28**

Tom Yum Tomato Sauce • Red Peppers • Zucchini • Red Onion

**MANTLES**  
RESTAURANT | LOUNGE



**NOURISH THE ADVENTURE**

# MAINS

**PACIFIC WATERS LING COD** GF **33**

Mussel and Lemongrass Sauce • King Oyster Mushroom Risotto  
Charred Zucchini

**DEVICK RANCH 10 OZ STRIPLOIN** GF|NF **47**

House Demi-Glace • Pomme Fondant • Market Vegetables  
Celeriac Puree • Sauce Choron Mayo

DF - *With Modification*

**SLOW COOKED CHICKEN BREAST** NF **32**

Citrus Demi-Glace • Potato Gnocchi • Market Vegetables

**LAKSA SALMON** GF|DF|NF **40**

Mirin and Miso Marinade • Laksa Broth • Rice Noodle • Broccoli  
Red Pepper

**HOUSE BOLOGNAISE** **27**

Tagliatelle • Lemon Zest • Parmesan Gremolata

**SUB HOUSE BEYOND MEAT BOLOGNAISE - 3**

**SUB GF PEA PROTEIN PASTA - N/C**