

MANTLES

DINNER

To Start

Daily Soup 10

Warm Ciabatta

Artisan Greens Salad gf 14

Cherry Tomato, Cucumber, Red Onion,
Spicy Pecans, Citrus Dressing, Watermelon Radish

West Coast Caesar Salad nf 15

BC Artisan Baby Romaine,
Shaved Parmesan Cheese, Prosciutto Crisp

Buddha Bowl vegan/nf/df/gf 19

Crispy Chickpeas, Avocado Puree, Tomato, Marinated
Butter Beans, Cucumbers, Pickled Yellow Beets, Soy
Marinated Eggplant, Crisp Onions, Organic Quinoa, Fresh
Herbs, Watermelon Radish
Miso-Tamari Dressing

Thai Beef Salad 22

Marinated Fire Grilled Alberta 5oz Striploin,
BC Artisan Greens, Cherry Tomato, Cucumber, Red
Onion & Wonton Crisp, Thai Dressing

To Share

Charcuterie & Cheese 25

Local & Canadian Cured Meats,
Danish Blue, Brie & Edam Cheese
Fig Jam, Mustard, Cornichons, Marinated Olives, Balsamic Cipollini,
Heirloom Cherry Tomato,
Warm Ciabatta

Tapas

Mixed Olives 6

Marinated Butter Beans 6

Caramelized Onion Hummus 6

Green Olive Tapenade 6

Balsamic Cipollini Onions 6

Ciabatta Bun 3

MANTLES

RESTAURANT | LOUNGE

MANTLES

Entrees

BC Farms Chicken Breast Scallopini nf 27
Herb Roasted Mushroom & White Wine Cream,
Roasted Fingerling Potatoes, Seasonal Vegetables

Grilled Alberta Striploin nf/gf 45
Seasonal Vegetables, Roasted Miniature Potato,
Chimichurri & Demi

BC Salmon 30
Grainy Mustard Fingerlings, Buttered Heirloom Carrots,
Corn Pureé, Citrus-Anise Cream, Prosciutto Crumble
contains shellfish

Seafood Pot au Feu gf 29
Salmon, Cod, Shrimp, Clams, Mussels,
Fennel, Fingerling Potato, Cherry Tomato,
Baby Spinach, Fresh Tarragon, Saffron Cream

Cavatappi Bolognese nf 20
Beef, Veal & Pork Red Wine Tomato Meat Sauce,
Shaved Parmesan Reggiano

Sandwiches

Mantles Burger 19
Lettuce, Tomato, House Sauce, Crispy Onion,
Brioche Bun
Fries & Spicy Ketchup

Southern Fried Chicken Club 19
Multigrain, Lettuce, Tomato, Crispy Bacon
Smoked Tomato-Mayo, Fries

Add Aged Cheddar 1.50
Add Bacon 2

Pizzas 7" / 12"

Pollo Al Funghi Pizza 17/25
Ricotta Cheese Sauce, House Roasted BC Farms Chicken,
Roasted Wild & Tame Mushrooms,
Baby Arugula, Pecorino Cheese, Cherry Tomatoes,
Peruvian Pepper Drops

Butcher Block Pizza 18/26
House Bolognese Sauce, Vernon Pepperoni, Bacon,
Peameal Bacon, Red Onion, Pickled Banana Pepper,
Mozzarella & Bocconcini

Margherita Pizza 15/23
Pizza Sauce, Tomato, Basil, Mozzarella & Bocconcini

Dessert

Warm Chocolate Brownie 12
Vanilla Bean Gelato & Toasted Almonds

Deconstructed Smore 12
Chocolate Cheesecake, Marshmallow,
Graham Cracker Dust

df Dairy Free gf Gluten Free nf Nut Free

TAXES & GRATUITIES ARE NOT INCLUDED IN THE PRICE. FOR GROUPS OF 8 OR MORE AN 18% GRATUITY IS ADDED