

BREAKFAST

THE STANDARD 21

2 Eggs • 3 Strips of Bacon • 2 Pieces of Toast • Hand-Cut Potatoes

PANCAKES 18

4 Stack of Buttermilk Pancakes • Maple Syrup • Whipped Cream & Berry Compote

2 EGG OMELETTE 25

Mushroom • Bell Pepper • Scallion • Tomato
Ham • Arugula • Cheddar • Hand-Cut Potato • Toast

VEGAN QUINOA SCRAMBLE 25

Mushroom • Bell Pepper • Scallion • Tomato
Organic Quinoa • Fresh Fruit • Toast

BENEDICTS 25

Back Bacon or Smoked Salmon • Poached Eggs • English Muffin
White Wine Hollandaise • Hand-Cut Potatoes

BLACKSTONE CAST IRON 25

Local Bacon Rashers • Spinach • Roast Cherry Tomato
Poached Eggs • English Muffin • White Wine Hollandaise
Hand-Cut Potatoes

THE LIFTIE 13

Scrambled Egg • Sliced Tomato • Mayo • Aged Cheddar
English Muffin

FRESH FRUIT BOWL 11

Seasonally Available Fresh Cut Fruit

YOGURT PARFAIT 11

Greek Yogurt • Honey Granola • Berry Compote

ADDITIONS

HAND-CUT POTATOES - 6

3 STRIPS OF BACON - 7

3 BREAKFAST SAUSAGE - 6

TOAST - 6

EGG - 5

BEVERAGES

LATTE 6

Our latte has more milk and less foam

CAPPUCCINO 6

Our cappuccino has milk and half foam

ESPRESSO 5.50

DOUBLE ESPRESSO 6

FRESHLY BREWED 5

Starbucks Coffee

TAZO TEA 5

JUICE 4.50

Orange • Apple • Cranberry • Grapefruit

MANTLES
RESTAURANT | LOUNGE



NOURISH THE ADVENTURE